

THE FUTURE OF MODERN MEDICINE IN THE SOUTH BAY

Providence Little Company of Mary Medical Centers, San Pedro and Torrance, invested approximately \$90 million to build a new Advanced Care Center in the South Bay. The new center will provide key services including an Outpatient Imaging Center and City of Hope’s multi-disciplinary cancer center. Eight advanced diagnostic and treatment modalities will be available including, CT, CT Simulation, 3D Mammography, Digital X-ray, Fluoroscopy, MRI, Positron Emission Tomography (PET), and Stereotactic Linear Accelerator. In the future, the Advanced Care Center will also incorporate an Ambulatory Surgery Center and a Comprehensive Orthopedic Institute in partnership with Coastal Orthopedic.

Modern advances in technology and innovations in treatment modalities increasingly support the delivery of care that once required hospitalization to now be delivered on an outpatient basis, allowing patients to return home sooner. The Advanced Care Center is designed to facilitate the delivery of outpatient care along with the clinical excellence, convenience and full continuum of services patients expect from our medical center. Outpatient care also improves patient safety by reducing potential exposure to bacteria and other infection threats.

Located in close proximity to Providence Little Company of Mary Medical Center in Torrance, the three-story, 106,000-square-foot facility is intended to be a one-stop hub for most outpatient services. It will address the increasing need for specialized care that is non-acute and does not require hospital admission, enabling the primary medical center facility to continue to care for the most acute patients in a traditional hospital setting.



BRUSHING YOUR TEETH CAN HELP YOUR HEART



We all know that a healthy diet and exercise can help prevent heart problems such as heart attacks or strokes. But there’s another healthy habit that may play a role in lowering your risk of heart disease, and it starts with brushing your teeth.

Studies have shown that poor dental health can also be a sign of poor heart health. The opposite is also true: a healthy smile and good dental hygiene may translate to a healthy body. Gum (periodontal) disease causes bacterial infections that inflames your gums and tissue around your teeth. Research shows that these bacteria can also cause your blood vessels and arteries to become inflamed or narrowed — a risk factor for heart disease.

Although researchers are still looking for a direct connection between dental bacteria, inflammation and heart disease, maintaining healthy habits like flossing, brushing regularly and visiting your dentist twice each year can help lower your risk of other health complications. Doctors believe if you take care of your teeth, you’re more likely to have other healthy habits like not smoking, eating a well-balanced diet and exercising — all of which can lower your risk for heart disease. That’s something to smile about!

To learn more about the connection between dental and heart health and other health tips, visit blog.providence.org.

Providence Little Company of Mary Foundation
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SUMMER 2019

PROVIDENTIAL



It is my pleasure to introduce you to the *Providential* Newsletter, which I hope will become an additional connection to Providence Little Company of Mary Foundation and our medical centers. The generosity of supporters like you allows caregivers at our medical centers in San Pedro and Torrance to provide high quality, compassionate care to tens of thousands of patients every year. Thank you for your commitment to our mission!

Providence Little Company of Mary is consistently recognized for quality, patient safety and innovation. We are proud that our Torrance medical center is the only Joint Commission Certified Stroke Center in the South Bay and only one of eight in Los Angeles County. With the support of our committed donors, we are expanding the Emergency Department at our San Pedro ministry from 16 beds to 28 new private treatment rooms, with an innovative design that affords maximum flexibility to address ever-changing patient needs within the department.

In this issue, you will find the latest information about our medical centers, and I hope you will take a few minutes to read about the extraordinary legacy of George and Diane Lee as told by their daughter, Julie Mahler.

We are also excited about our new initiative to raise \$10 million to support the construction of our Advanced Care Center. This stunning new facility houses our Outpatient Imaging Services and a coordinated community-based cancer care program in partnership with City of Hope. Future plans include the opening of an outpatient surgical center and orthopedic and spine institute.

Together, we are creating healthier and stronger communities and transforming the way we deliver care in the South Bay. I know you have many options when it comes to your charitable giving, I am honored that you have selected Providence Little Company of Mary among your charitable priorities.



Sincerely,
Kurt Hinrichsen
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- Providence Little Company of Mary Awarded Highest Stroke Certification
- Emergency Department Expansion Project
- A Gift of Gratitude: The legacy of George and Diane Lee, in the words of their daughter, Julia Mahler
- The Future of Modern Medicine in the South Bay
- Health Tip: Brushing Your Teeth Can Help Your Heart



JOB/CODE #	COMPONENT	SIZE / SPECS	STOCK	PRINTS
PRO 1007	Newsletter	17 W" x 11 H" Folds to 8.5 W" x 11 H" Folds in half		4C Process/ 4C Process Bleeds

In Focus

PROVIDENCE LITTLE COMPANY OF MARY AWARDED HIGHEST STROKE CERTIFICATION



According to the American Heart Association/American Stroke Association, stroke is one of the top five causes of death in the United States and a leading cause of adult disability. Every four minutes, someone dies of a stroke and 795,000 people suffer a new or recurrent stroke each year.

Providence Little Company of Mary Medical Center Torrance's stroke center has earned national certification for its advanced specialized level of care and treatment. The medical center's Comprehensive Stroke Center — one of the first to be designated in Los Angeles County — has met the stringent guidelines set by The Joint Commission, a national independent organization that evaluates, accredits and certifies more than 21,000 healthcare organizations and programs. The medical center is the South Bay's only Joint Commission-certified Comprehensive Stroke Center.

This designation is significant because paramedics recognizing the symptoms of severe stroke can bypass nearby facilities to deliver patients to comprehensive stroke centers. At those specialized locations, patients can be cared for quickly, limiting the possibility of permanent deficits resulting from major strokes.

With this certification, the hospital joins an elite group of healthcare organizations focused on providing highly specialized stroke care. To be eligible, hospitals must demonstrate compliance with stroke-related standards as a Primary Stroke Center and meet additional requirements, including advanced imaging capabilities, 24/7 availability of specialized treatments and staff with unique education and competencies to care for complex cases.

EMERGENCY DEPARTMENT EXPANSION PROJECT

Providence Little Company of Mary Medical Center San Pedro will spearhead an \$8 million expansion to enlarge and remodel its Emergency Department, along with undertaking several other improvement projects.

Many of San Pedro Medical Center's physicians, caregivers and volunteers live in the area and have worked at the medical center for decades. Given their understanding of the community, the executive team included both physicians and employees in the design of the new emergency department.

The new, larger emergency department will better serve the community's growing population. Upon its completion, the expansion will result in 28 state-of-the-art private treatment rooms, 60% more room for patients and a new outdoor waiting area that will allow visitors to experience Southern California's outstanding weather.

Thanks to the generosity of supporters like you, the medical center has completed a \$4 million fundraising campaign (half of the total \$8 million cost) and all plans for the renovation. The hospital designed the project in phases, so the work can be done without closing any part of the emergency facilities.

With more than 90 years of service to the San Pedro, Peninsula and Harbor communities, Providence Little Company of Mary Medical Center San Pedro continues to invest in its growing service area. The new Emergency Department will offer patients reduced wait times and additional privacy.



"The people who make up the San Pedro, Peninsula and Harbor communities will have ongoing access to this important medical facility. Their support is creating a lasting legacy of care for future generations," says Garry Olney, Chief Executive of Providence Little Company of Mary Medical Centers.



A GIFT OF GRATITUDE: THE LEGACY OF GEORGE AND DIANE LEE, IN THE WORDS OF THEIR DAUGHTER, JULIE MAHLER



The shared vision of the Little Company of Mary Sisters and the Sisters of Providence to provide high-quality and compassionate care inspires friends and volunteers in our community. Thoughtful gifts from individuals, foundations and corporations help uphold our mission by supporting our facilities, providing leading-edge technology, and ensuring excellent care for all, especially the poor and vulnerable.

One such gift came from George and Diane Lee, who funded a charitable gift annuity that benefited Providence Little Company of Mary. Years ago, Diane — a substitute teacher — was diagnosed with breast cancer, had a lumpectomy and then a double mastectomy. Later on, she was also diagnosed with bone cancer and battled it for 20 years. Through it all, her daughter Julie says, her mother "never acted like it knocked her down."

George worked for an advertising agency and was an artist in his spare time, frequently gifting paintings to show his appreciation to others.

"He was extraordinarily talented and was great at painting animals," Julie says. "It was precious to our whole family."

George lost his eyesight and hearing toward the end of his life, which eventually meant he could no longer paint. It was like losing a great artist in the family.

After her mother's experience with cancer, the family decided to give back. Since they were a working-class family, they didn't have many assets but wanted to help in whatever way they could. When they sold their house, they used a portion of the proceeds to establish a charitable gift annuity which provided them with a fixed, lifetime income stream that was largely tax-free, offered an immediate charitable deduction and gave them the satisfaction of giving back

to an organization that made such a strong impact on their lives. Diane passed in April 2018 and George passed away in June of the same year, always wanting to be with each other.

Rather than viewing the estate gift as a missed inheritance, Julie saw this as a wonderful way to celebrate her parents' legacy.

"Research helped our mother," she says. "What better place for their gift to go?"

Generous donors, such as Mr. and Mrs. Lee, help ensure the medical center's long-term success," says Joe Ward, Executive Director of Gift Planning.

"People often think they need to be wealthy to make a charitable donation. This is not the case."

Individuals with modest incomes can make a huge difference in the future of our medical center by recognizing the gift planning options available to them — including options that provide an income stream and tax benefits to the donor."

The strength of the Providence Little Company of Mary Medical Centers in San Pedro and Torrance is magnified by thoughtful gifts from supporters like George and Diane Lee. We are incredibly grateful for their loving support.

For more information about all the Planned Giving options, please contact Joe Ward, Executive Director, Planned Giving, Providence St. Joseph Health Foundations, Southern California Region, at 310-793-8117 or Joseph.Ward@providence.org.